SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY SAULT STE. MARIE, ONTARIO



COURSE OUTLINE

COURSE TITLE: Hair Removal I

CODE NO.: EST137-3 SEMESTER: 1

PROGRAM: Esthetician

AUTHOR: Doreen MacFarlane

DATE: Sept. 2005 PREVIOUS OUTLINE DATED: N/A

APPROVED:

DEAN DATE

TOTAL CREDITS: 3

PREREQUISITE(S): None

HOURS/WEEK: 3 (Theory and Lab)

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For additional information, please contact the Dean,

School of Health and Human Services

(705) 759-2554, Ext. 603/689

I. COURSE DESCRIPTION:

This course will provide students with the relevant theoretical knowledge and practical skills required for hair removal with the use and application of hard and soft wax.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Identify various methods of hair removal.

Potential Elements of the Performance:

- a. understand morphology of the hair
- b. describe the hair growth cycle
- c. list and describe factors that contribute to excessive hair growth
- d. list and describe factors which affect hair growth internally and externally
- e. describe the difference between permanent and temporary hair removal and their methods
- 2. Conduct a client analysis.

Potential Elements of the Performance:

- a. demonstrate professional and communication skills
- b. list and describe different wax types and how they are used and when they are most effective
- c. identify contraindications for hair removal before and after treatment
- d. perform a client consultation
- 3. Prepare a room for a waxing treatment.

Potential Elements of the Performance:

- a. identify furniture and accessories used by an esthetician during hair removal treatments
- b. demonstrate proper set-up of equipment and supplies before beginning a hair removal treatment
- c. display proper sanitizing methods of equipment
- d. demonstrate proficiency in preparing esthetic bed for hair removal
- e. prepare client for hair removal treatment including:
 - conducting assessment
 - draping client
 - applying prewax lotions
- f. demonstrate proper clean-up and sanitation of work area and equipment

4. Demonstrate proficiency in waxing various areas of the body.

Potential Elements of the Performance:

- a. identify the different types of waxes, their uses and benefits
- b. demonstrate proper set-up in preparation for any waxing treatment
- c. use all waxing equipment in a safe and sanitary manner
- d. maintain a clean work station
- e. demonstrate the step by step procedures when waxing:
 - eyebrows
 - lip and chin
 - body waxing
- f. display proper clean-up and sanitation methods of work station and equipment

III. TOPICS:

- 1. Morphology of the Hair
- 2. Hair Growth Cycle
- 3. Excessive Hair Growth
- 4. Characteristics and Differences in Hair Growth
- 5. Methods of Hair Removal
- 6. Temporary Methods
- 7. Waxing
- 8. Room Preparation
- 9. Contraindications for Hair Removal
- 10. Client Consultations
- 11. Eyebrows
- 12. General Waxing Procedure
- 13. Eyebrow Tweezing Procedure
- 14. Eyebrow Waxing Procedure
- 15. Lip and Chin Waxing Procedure
- 16. Body Waxing Procedure

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Milady's Standard Fundamentals for Estheticians (9th ed.) by J. Gerson, J. D'Angelo, S. Lotz (2004) Milady (with Exam Review)

Milady's Standard Fundamentals for Estheticians Workbook (9th ed.) by J. Gerson, J. D'Angelo, S. Lotz (2004) Milady

Milady's Standard Cosmetology (1st ed.) (2004) Milady

V. EVALUATION PROCESS/GRADING SYSTEM:

Evaluation Methods - Theory

Test #1 November 1 25%

Sterilization

Morphology of the Hair

Hair Growth Cycle

Excessive hair Growth

Methods of Hair Removal

Temporary Methods

Waxing

Room Preparation

Contraindications for Hair Removal

Client Consultations

Eyebrows

Test #2 December 6 25%

Contraindications for Hair Removal and

Waxing Procedures

Endo-of-Day Checklist

Evaluation Methods - Practical Lab

Attendance
Participation
Professional Image 25%
Sanitation

Hands On 25%

The following semester grades will be assigned to students in post-secondary courses:

<u>Grade</u>	<u>Definition</u>	Grade Point <u>Equivalent</u>
A+ A	90 – 100% 80 – 89%	4.00
В	70 - 79%	3.00
C	60 - 69%	2.00
D	50 – 59%	1.00
F (Fail)	49% and below	0.00

V. EVALUATION PROCESS/GRADING SYSTEM:

CR (Credit)	Credit for diploma requirements has been awarded.
S	Satisfactory achievement in field /clinical placement or non-graded subject area.
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.
NR W	Grade not reported to Registrar's office. Student has withdrawn from the course without academic penalty.

Note: For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

VI. SPECIAL NOTES:

Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your professor and/or the Special Needs office. Visit Room E1101 or call Extension 703 so that support services can be arranged for you.

Retention of Course Outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other post-secondary institutions.

Plagiarism:

Students should refer to the definition of "academic dishonesty" in *Student Rights and Responsibilities*. Students who engage in "academic dishonesty" will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course Outline Amendments:

The professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

VIII. DIRECT CREDIT TRANSFERS:

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Dean's secretary. Students will be required to provide a transcript and course outline related to the course in question.